Some people say that the best way to improve public health is by increasing the number of sports facilities. Others, however, say that this would have little effect on public health and that other measures are required.

## Essay:

Public health improvement is deserving of utmost attention. Developing sports facilities is considered by some to be the fortitude for this. However, others question its effectiveness and suggest more comprehensive measures be applied. I am inclined to agree with the latter perspective.

Increasing the number of sports facilities could be seen to enhance public health. People need accessible locations for exercise and wellness activities. The proximity of gyms, pools, and health centres could potentially encourage individuals to take up healthier habits. Furthermore, if these facilities are made universally accessible, it could encourage more frequent usage and subsequently, improved public health.

However, it's worth noting that more encompassing approaches might fare better in health improvements. Health can be bettered even without a sporting complex nearby. For instance, people can adopt outdoor activities such as jogging, walking, or soccer. Additionally, it often boils down to individual motivation. If one is decisive about improving one's health, the lack of gym facilities won't be a deterrent. Policies and incentives can function better in this perspective. If a government is truly invested in public health, providing benefits and incentives would be a more effective approach, alongside strategies such as implementing health taxes.

In a nutshell, although sports facilities may contribute to health promotion, more diversified and comprehensive measures should be the focus. Government policies and incentives may be the missing key to enhancing public health.

Word count: 260

Essay translated in Korean:

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가 가가 가 가 가 가 가 Good expressions: 1. health improvements ( 2. universally accessible ( 3. encompassing approaches ( ) 4. individual motivation ( 5. providing benefits and incentives ( ) 6. implementing health taxes ( ) 7. diversified and comprehensive measures ( 8. enhancing public health (