Many elderly people are no longer looked after by their families but are put in care homes or nursing homes. What are the possible reasons for this? What are the advantages and disadvantages of this trend?

## Essay:

The trend of older adults entering care or nursing homes rather than being cared for by family members has been on the rise due to various reasons. Rising family incomes and the resultant lack of time to provide home care for the elderly are primary reasons causing this shift.

Undeniably, there are notable drawbacks linked to this growing trend. The sense of neglect and loneliness that the elderly feel when separated from their families cannot be understated. A startling 80% of seniors, according to a study, felt abandoned in nursing homes. Additionally, more issues such as the high cost of professional elderly care and the unfortunate existence of ill-treatment by staff, left many families re-evaluating their decision.

However, care homes have their advantages that should not be overlooked. For instance, these establishments offer an array of activities that not only keep the residents physically active but also provides an avenue for social interaction. Furthermore, constant round-the-clock medical care by professionals, unavailable at home provides a degree of safety and care they can rely on.

In conclusion, while the disadvantages of elderly care homes can appear unnerving, it is crucial to balance them with the benefits they offer. The choice between care homes and family care for the elderly should, therefore, be a deliberately weighted one.

Word count: 260 words

## Essay translated in Korean:

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## Good expressions:

- 1. Undeniably -
- 2. Notable drawbacks -
- 3. The sense of neglect and loneliness -
- 4. Constant round-the-clock medical care 24
- 5. A deliberately weighted one -