

IELTS Vocabulary : band 7-9 phrases

아이엘츠 보카 정리: 건강/운동/병원

<https://www.ieltsspeaking.co.uk/ielts-health-vocabulary/>

아이엘츠 스피킹 파트1

Examiner: Have you got a relation you're particularly fond of?

Sinita: Yes ... my granddad ... he's 94 years old but generally he's **as fit as a fiddle** ... we're very close and see each other a lot ... whenever he **goes down with a cold** or **is under the weather** I make a point of visiting him ...

Examiner: Do you do any sport?

Jon: Yes ... I'm keen on skateboarding ... but I haven't done it for a while ... I had a bad fall recently and **pulled a muscle** and had a few **cuts and bruises** ... but I'm **on the mend** and hope to be doing it again soon ...

Examiner: Is there anything you're particularly afraid of?

Davide: The dentist ... I hate going to the dentist ... I only ever go if I **have a toothache** so it usually means I have to **have a filling** or even **have a tooth out** ... I really don't like it ...

아이엘츠 스피킹 파트2

Describe a time when you were ill. You should say:

- when this was
- what your symptoms were
- how long the illness lasted

and say how it affected your life at the time.

Pierre: This is a tricky one really as I'm usually quite healthy ... I've never been seriously ill ... like everyone else I sometimes get a few **aches and pains** or **catch a cold** ... I can remember a few months ago I had to have time off work with **a heavy cold** ... I had the usual symptoms ... **a blocked nose** ... **sore throat** ... it lasted quite a while ... about 2 weeks I think though I didn't have that much time off work ... for a few days I remember **feeling poorly** but I was **over the worst of it** after a few days and went back to work ... I always find it's better to be active when you feel ill as it keeps your mind off your symptoms ... I think my family get a little fed up with me when I'm ill though ... I tend to feel sorry for myself and lie on the sofa all day as if I'm **at death's door** ... but as I said earlier ... on this occasion it was nothing serious and didn't really cause me any problems ...

아이엘츠 스피킹 파트3

Examiner: What costs are involved when you are ill in your country?

Anya: Well ... people have to pay **prescription charges** which can be quite expensive ... but fortunately general healthcare is free ... unless you want to **go private** of course and then you can pay a fortune for your treatment ...

Examiner: In your experience are people too quick to take time off work when they're ill?

Alicia: Yes .. I've got friends who have a day off work if they wake up with a **runny nose** ... and in most cases they seem **to make a speedy recovery** after they've **phoned in sick** ...

Examiner: Do women pay more attention to their health than men?

Julie: I think so yes ... women are more likely to see their **GP** for a **check-up** if they're concerned about something ... men tend to avoid facing up to any health problems they have ... my dad always seems to have a very **chesty cough** but refuses to go to **make an appointment** to see the doctor ...

Definitions

- ***aches and pains:***
minor pains that continue over a period of time
여기 저기 쑤시고 아픔
- ***to be a bit off colour:***
to feel a little ill
상태가 메롱함
- ***to be at death's door:***
(informal) to be very ill indeed
죽음의 문턱에 있다
- ***to be on the mend:***
to be recovering after an illness
호전되고 있다
- ***to be over the worst:***
to have got through the most serious or uncomfortable stage of an illness
고비를 넘기다
- ***to be under the weather:***
(informal) to not feel well
몸 상태가 좋지 않다
- ***a blocked nose:***
when the nose has excess fluid due to a cold
막힌 코
- ***to catch a cold:***
to get a cold
감기에 걸리다
- ***a check-up:***
a physical examination by a doctor

건강검진

- **a chesty cough:**
a cough caused by congestion around the lungs
가슴을 쥐어짜는 듯한 기침
- **cuts and bruises:**
minor injuries
찰과상과 타박상
- **to feel poorly:**
to feel ill
기분이 나쁘다
- **as fit as a fiddle:**
to be very healthy
아주 건강한
- **to go down with a cold:**
to become ill
감기에 걸리다
- **to go private:**
to choose to be treated by commercial healthcare rather than by services offered by the state
개인 병원으로 가다
- **GP:**
General Practitioner (family doctor)
1차 진료기관 a.k.a 동네병원
- **to have a filling:**
to have a tooth repaired
썩은이를 때우다
- **to have a tooth out:**
to have a tooth removed

이를 뽑다

- **a heavy cold:**
a bad cold
심한 감기에 걸리다
- **to make an appointment:**
to arrange a time to see the doctor
진료 예약을 하다
- **to make a speedy recovery:**
to recover quickly from an illness
빠르게 회복하다
- **to phone in sick:**
to call work to explain you won't be attending work due to illness
아파서 (직장에) 전화하다
- **prescription charges:**
money the patient pays for medicine authorised by a doctor
처방료
- **to pull a muscle:**
to strain a muscle
근육이 당기다 (근육통)
- **a runny nose:**
a nose that has liquid coming out of it
콧물
- **a sore throat:**
inflammation that causes pain when swallowing
따가운 목(인두염, 인후염, 편도염 등)