

#29 'Physical activity' 육체활동' (Bar graph)

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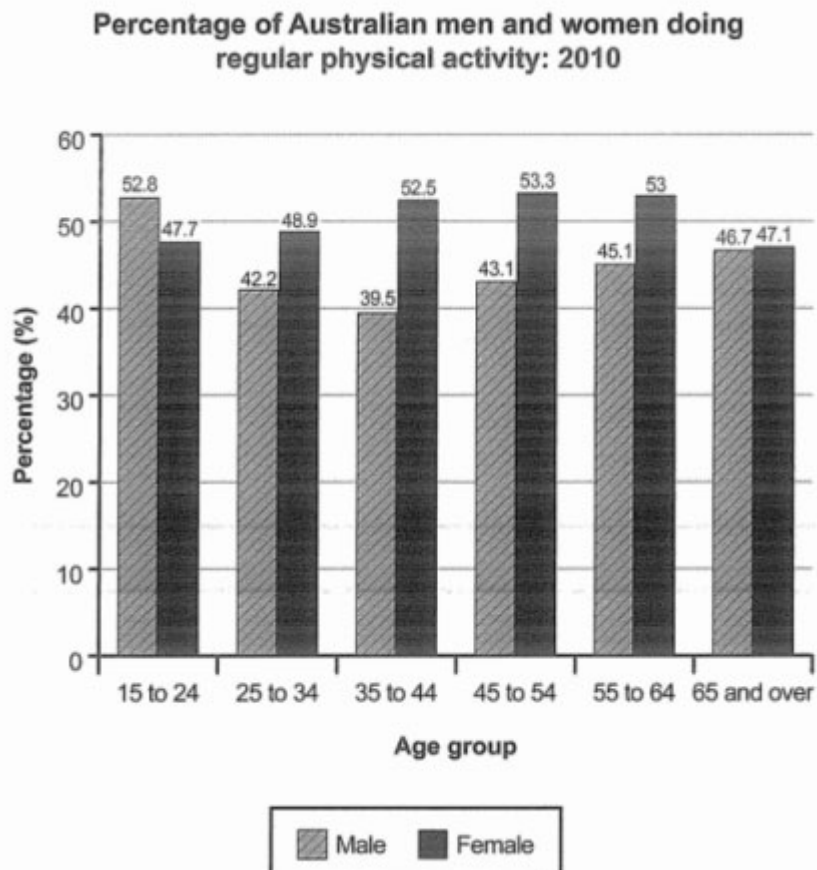
IELTS Writing Task 1: Sample writing #29

(아이엘츠 라이팅 테스트 1 : #29 Physical activity (Bar graph))

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참조 : ielts-simon.com

The bar chart below shows the percentage of Australian men and women in different age groups who did regular physical activity in 2010.



The chart compares the proportions of Australian males and females in six age categories who were physically active on a regular basis in the year 2010.

Roughly speaking, close to half of Australian adults did some kind of routine physical activity in 2010. Middle aged females were the most physically active, proportionally, while males aged 35 to 44 did the least physical activity.

In the youngest age category (15 to 24), almost 53% of Australian men but only 47.7% of women did regular physical activity in 2010. However, between the ages of 25 and 44, men were much less active on average than women. In fact, in the 35 to 44 age group, a mere 39.5% of males did some form of regular exercise, compared to 52.5% of females.

Between the ages of 45 and 64, the figure for male physical activity rose to around 45%, while the proportion of active females remained around 8% higher, at 53%. Finally, the percentages of Australian women and men aged 65 and over who exercised regularly were almost identical, at approximately 47%.

(179 words, band 9)

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